

PSHE Overview

SCARF: Safety, Caring, Achievement, Resilience, Friendship



At Brundall Primary school, we follow SCARF. This is a whole-school approach to teaching PSHE. It promotes positive behaviour, mental health, wellbeing, resilience and achievement

Meeting all DfE requirements for statutory Relationships and Health Education and mapped to the PSHE Association's Programme of Study. SCARF is a framework that forms a spiral curriculum through the primary years from EYFS to Year 6 on a two-year rolling programme. Each half-termly unit theme are the same for each year group and lesson plans are sequenced in a similar way for each year group, with similar themes and age-appropriate learning opportunities across each year group.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
SCARF UNITS	ME AND MY REALTIONSHIPS	VALUING DIFFERENCE	KEEPING SAFE	RIGHTS AND RESPECT	BEING MY BEST	GROWING AND CHANGING

For further details on how you can use SCARF at home: [Family SCARF \(coramlifeeducation.org.uk\)](https://www.coramlifeeducation.org.uk)